

"Join us for a congress that will offer you a new perspective on the science of CBT and its clinical practice. We also invite you to discover Cluj-Napoca, the heart of Transylvania, Romania, a place with a unique cultural and historical heritage."

Daniel O. David, Ph.D., President of the Congress

Find out more and register at:

www.iccp2017.org





Edition of the International Congress of Cognitive Psychotherapy

Toward Integrative CBT: Implications for Science and Practice

29th of June – 1st of July 2017 Cluj-Napoca, Transylvania, Romania

Hosted by:





The International Institute for the Advanced Studies of Psychotherapy and Applied Mental Health www.psychotherapy.ro



Romanian Association of Cognitive and Behavioral Psychotherapies www.psihoterapiecbt.ro An EABCT member



International Association for Cognitive Psychotherapy

Founded 1990



Cognitive-behavioral therapy (CBT) is an umbrella for a large number of evidence-based psychological treatments. CBT is therefore becoming the golden standard in the field of psychotherapy. This Congress will aim to: (1) present the state of the art applications of CBT in a large variety of clinical and non-clinical contexts; (2) present the latest research in the field with powerful clinical implications; (3) increase the internal cohesion of CBT, by moving the field from various "schools" to an integrative and multimodal approach; (4) promote CBT as the best platform for integrating psychotherapy in the evidence-based framework; and (5) stimulate frontier research in CBT and infuse CBT with frontier research from related fields.

In order to attain our objectives, we are working together with top researchers and clinicians in the field, who are involved in the scientific and/or organizing committees of the Congress.

Honorary president of the Congress:

Aaron T. Beck, USA

The main decision body of the **Congress:**

- Daniel O. David, Romania President Anca Dobrean, Romania President of the Congress
- Pim Cuijpers, The Netherlands Scientific program chair
- Stefan G. Hofmann, USA IACP president
- Rod Holland, UK Scientific advisor
- Thomas Kalpakoglou, Greece Scientific advisor

- Lata K. McGinn, USA Scientific advisor
- Philip Tata, UK Scientific advisor

The leaders of the local organizing committee:

- of the Romanian Association of CBT
- Aurora Szentagotai, Romania Scientific advisor
- Silviu A. Matu, Romania Administrative coordinator

For the other committees of the Congress, see the "Scientific Boards" section on our website.



Keynote speakers:

Gerhard Andersson, Sweden Judith S. Beck. USA David M. Clark. UK **Pim Cuipers, The Netherlands** Daniel O. David. Romania Raymond DiGiuseppe, USA Daniel Freeman, UK Martin Hautzinger, Germany Steven C. Haves, USA Stefan G. Hofmann, USA Steven D. Hollon, USA Robert L. Leahy, USA Lata McGin. USA John H. Riskind, USA Philip Spinhoven, The Netherlands Mehmet Z. Sungur, Turkey Edward R. Watkins, UK

Clinical Workshops/ Round Tables:

Kristine Doyle, USA E. Thomas Dowd. USA Arthur Freeman, USA Tullio Scrimali, Italy

*Many of our keynote speakers will also have an activity in these sections of the program.



